



The Healthy Voice Herald

Volume 3 Issue 1

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September 2004

Member Profile



A Toastmaster since 1992 Linda Reid earned her CTM designation while at City of Atlanta Club #3411. Linda joined Healthy Voice a little over a year ago after receiving an email from then Southeast Regional Manager Dr Peck, encouraging Aetna employees to join Toastmaster as a way to improve their leadership and communication skills. Looking for a replacement to fill the vacated president's

seat, two-term president Roy Ganga said, "the club did not have to look too far. Linda's expertise and knowledge, along with her enthusiasm is what we were looking for". Linda was unanimously elected to serve as President of the club for the current term 6/2004 - 12/2004.

Linda lives in Lithonia, GA with her husband Craig and their 14 yr old daughter, Lauren. An employee of Aetna, Linda is a National Accounts Manager in SE Marketing. She has credited Toastmasters for her Leadership, Communication and Presentation development and strongly advocates Toastmasters as an efficient and cost effective means to develop these basic skills.

It is semi-annual dues collection time!!
Please contact Treasurer Carol Michaud if you have not received your invoice or need to make your payment.

Let Toastmasters help you find your Voice...

Are you looking for a positive forum for personal improvement and employee networking? Then Healthy Voice Toastmasters club is your place. Toastmasters is an organization designed to help members develop solid communication and leadership skills. Members are guided through speech projects designed to improve their ability to present information in a concise, professional manner.

A Company that has employees with strong communication skills has a clear advantage over the competition. Unfortunately, many employees lack the training and stamina to effectively deliver a clear message. That is where Toastmasters can help.

Toastmasters provide the tools that enable you to become effective communicators and leaders all at a very low cost. At Healthy Voice Club, this on-going "hands-on" training helps members:

- ✓ give better sales presentations
- ✓ hone their management skills
- ✓ work well with fellow employees
- ✓ effectively develop and present ideas
- ✓ offer immediate constructive feedback
- ✓ accept criticism more objectively

August Best

	<u>Speakers</u>	<u>Evaluators</u>	<u>Table Topics</u>
August 5 th	Ellie Simon	Stacey Richardson, CTM	Bruce Leyton
August 12 th	Bruce Leyton	Roy Ganga, ATM-B	Linda Reid, CTM
August 19 th	Crystal Russell, ATM-B	Roy Ganga, ATM-B	Patricia Williams, CTM
August 26 th	Patricia Williams, CTM	Crystal Russell, ATM-B	Stacey Richardson, CTM Deanna McKinney, CTM

Welcome New Members!

Michael Dayoub
Karen Scott
Janice Edmonds-Scott

August Words of the Day

Flummery \FUHM-uh-ree\, noun Empty compliment; unsubstantial talk or writing; mumbo jumbo; nonsense.	jimjams • \JIM-jamz\ - jitters	Phat (fat) , adj. Well put together, excellent, great	bloviate \BLOH-vee-ayt\, <i>intransitive verb</i> : To speak or write at length in a pompous or boastful manner.
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Healthy Voice Toastmasters welcomes new members who are seeking to improve their communication and leadership skills within a positive, supportive club environment. Please join us at one of our weekly meetings to learn more about the benefits of Toastmasters. Contact any of the officers below for more info:

President – Linda Reid, CTM 770-346-1267

VP Education – Tonya Smith, CTM 770-346-2949

Secretary/Treasurer – Carol Michaud 770-346-2039

VP Membership – Mark Halvorsen, CTM 770-993-1973

VP Public Relations – Roy Ganga, ATM-B 770-346-2232

Sergeant at Arms – Lana McFarlane 770-346-4220

T E A M – Together Everyone Achieves More.