



# The Healthy Voice Herald

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**Outgoing President Roy Ganga, ATM-B passes the torch to the new President Linda Reid, CTM. Linda's message for this year is T E A M – Together Everyone Achieves More.**

Since obtaining its Charter from Toastmasters International in April 2001, Healthy Voice Toastmasters Club has earned the achievement of being a President's Distinguished Club, the highest honor bestowed on a club. Thanks to all the members for making this happen.

## July's Best

	<u>Speakers</u>	<u>Evaluators</u>	<u>Table Topics</u>
July 1 <sup>st</sup>	Joel Richardson	Crystal Russell, ATM-B	Joel Richardson
July 8 <sup>th</sup>	Ginnie Sams, CTM	Crystal Russell, ATM-B	Deanna McKinney, CTM
July 15 <sup>th</sup>	Linda Reid, CTM	-	Bruce Leyton
July 22 <sup>nd</sup>	Stacey Richardson, CTM	Tracy Jones, CTM	-

## July Words of the Day

**métier** \MET-yay\  
Vocation, trade.  
An area of activity in which one excels.

**vouchsafe** \vouch-SAYF\  
To grant or furnish often in a gracious or condescending manner.  
To give by way of reply.  
To grant as a privilege or special favor.

**Mettle** \MET-ul\  
Vigor and strength of spirit or temperament b: staying quality: stamina.  
Quality of temperament or disposition.

**Ensorcell** \en-SOR-suhl\  
To enchant; to bewitch.

On July 29<sup>th</sup>, Healthy Voice welcomed Cindy Cannon, DTM as its Keynote Speaker. Cindy inspired the audience with her presentation on Time Management. Everyone left with the challenge to revisit their respective time management goals and schedules.

## Tip of the Month

**Set a goal -- work hard — it will happen!**

Let us all congratulate Roy Ganga on achieving his ATM Bronze designation. Roy set his goal and achieved it! .— Great Job!

Healthy Voice Toastmasters welcomes new members who are seeking to improve their communication and leadership skills within a positive, supportive club environment.

**Please join us at one of our weekly meetings to learn more about the benefits of Toastmasters. Call Linda @ 770-346-1267 for more info.**

## Officer's Corner

Please extend a Healthy Voice Congratulations to the newly elected Officers for term 7/1/2004 – 12/31/2004:

**President – Linda Reid, CTM**  
**VP Education – Tonya Smith, CTM**  
**VP Membership – Mark Halvorsen, CTM**  
**VP Public Relations – Roy Ganga, ATM-B**  
**Secretary/Treasurer – Carol Michaud**  
**Sergeant at Arms – Lana McFarlane**

