



The Healthy Voice Herald

Club #8236 District 14

<http://tmclub.zapto.org/healthyvoice/>

February 2005

JANUARY WORDS OF THE DAY

Uncouth - strange or clumsy in shape or appearance; outlandish

Voluble - characterized by a ready flow of speech.

JANUARY BEST

Speakers:

- ♥ Bruce Leyton, CTM
- ♥ Mark Johnson, CTM

Evaluators:

- ♥ Mark Halvorsen, CTM
- ♥ Bruce Leyton, CTM

Table Topics:

- ♥ Tarnaz Greene
- ♥ Michael Dayoub

UPCOMING EVENT

- ♥ March 3rd -- Area 63 Table Topics Contest & International Speech Contest. Healthy Voice will be hosting the Area contest. Please be present to support Healthy Voice's two representatives - Crystal Russell for Table Topics & Bruce Leyton for the International Speech.

SEMI ANNUAL DUES

- ♥ Semi Annual Dues for period 4/1/05 - 9/30/05 are due by 3/18 for timely submission to World Headquarters. Please contact Secretary/Treasurer, Carol Michaud, if you have any questions.

WELCOME NEW MEMBERS

- ♥ Steven Casey
- ♥ Tarnaz Greene
- ♥ Shelonda Johnson
- ♥ Gidgett Sellers
- ♥ Carla Young
- ♥ Karen Chapman
- ♥ Jim Buyno

PAST, PRESENT & FUTURE...

Members and guest alike heard from the past and present leaders of Healthy Voice during the annual awards banquet held on January 13. Healthy Voice Chartered President and past Area Governor, Crystal Russell reminded all of the importance of staying with the program and the rewards that follow. She clearly articulated the



need for effective communication in today's environment. Another Past President Cheryl Dixon emphasized the benefits that Toastmasters offer and the impact the program has on her personal development. "It may be overwhelming at first but countering the fears of public

speaking and being able to control the butterflies within, is more rewarding", remarked Immediate Past President Roy Ganga. Rounding up the Leadership presentation was current President Linda Reid, who encapsulated the thoughts of the former leaders and added that the Return on Investment (ROI) significantly outweighs any other communication training. Linda's term as current president will end on June 30, 2005 and is confident that her successor will continue to build on the legacy and values of the club. Healthy Voice promotes and encourages everyone to participate in order to strengthen their communication, presentation and leadership skills.

AND THE WINNER IS...

By a unanimous decision, the officers nominated Bruce Leyton as **HEALTHY VOICE TOASTMASTER OF THE YEAR**. Serving as an ambassador for Healthy Voice, Bruce represents the club with much dignity and character through speech contest and overall club's participation. Bruce's ability to grasp an audience attention with his invigorating speeches, humor and persona is impeccable. Asked how Toastmasters has helped him along, Bruce replied "Toastmasters has exposed me to a whole discipline that can be applied to help communicate more effectively whether in the business, social or personal domain. I had taken verbal communication for granted before joining Toastmasters. It has really opened my eyes. Toastmasters have also revealed an inner self that I feel much more comfortable in sharing with the world. I feel better about myself but perhaps more important, Toastmasters has allowed me to cultivate a deeper appreciation of those around me. It's all about the journey. I hope to keep improving and to continue growing, and making new friends through Toastmasters for many years to come". Thank you Bruce for exemplifying such great qualities as a Toastmaster and Leader!



NEWSLETTER & WEBSITE ARTICLES
 Deadline for submitting articles for
 next month newsletter is February
 28th. Please send articles to VP
 Public Relations, Roy Ganga @
 ganga.tribbuan@aetna.com

Please visit our new website at:
<http://tmclub.zapto.org/healthyvoice>



ACHIEVEMENTS...

CONGRATULATIONS to the following individuals that were recognized for special achievements during Healthy Voice Awards Banquet:

Achievement Award Recipients:

- ♥ Crystal Russell on obtaining her ATM-S designation.
- ♥ Linda Reid on obtaining her ATM-B designation.
- ♥ Tonya Smith on obtaining her CL designation
- ♥ Bruce Leyton on obtaining his CTM designation.
- ♥ Mark Johnson on obtaining his CTM designation.

Full Circle Award Recipients:

- ♥ Patricia Williams, CTM CL
- ♥ Lana McFarlane
- ♥ Carol Michaud

New Member Participation Award:

- ♥ Mike Dayoub
- ♥ Karen Scott

UPDATE ON CLUB'S SUCCESS PLAN

		GOAL	ACTUAL	ACHIEVED
(1)	CTMs	2	2	*
(2)	Additional CTMs	2	0	
(3)	ATMs	1	1	*
(4)	Additional ATMs	1	1	*
(5)	CL, AL, or DTM	1	1	*
(6)	Additional CLs, ALs, or DTMs	1	0	
(7)	New Members	4	4	*
(8)	Additional New Members	4	8	*
(9)	Officers Trained (both required)			
	June-August	4	5	
	and December-February	4	6	*
(10)	Submitted on time (both required)			
	October or April Renewal	1	1	
	and Officer List	1	2	*

Total Goals Achieved To-Date: 8

Healthy Voice Toastmasters welcomes new members who are seeking to improve their communication and leadership skills within a positive, supportive club environment. Please join us at one of our weekly Thursday meetings to learn more about the benefits of Toastmasters. Contact any of the officers below for more info:
 President – Linda Reid, CTM 770-346-1267 VP Education – Tonya Smith, CTM, CL 770-346-2949 Secretary/Treasurer – Carol Michaud 770-346-2039
 VP Membership – Mark Halvorsen, CTM 770-993-1973 VP Public Relations – Roy Ganga, ATM-B 770-346-2232 Sergeant at Arms – Lana McFarlane 770-346-4220

T E A M – Together Everyone Achieves More.